



Family Consumer and Science Resources

[All Recipes.com](http://AllRecipes.com) contains recipes by categories, a recipe exchange, a cooks' encyclopedia, and hints.

[The Food Channel](http://TheFoodChannel.com) is your single source for food trends and information on the Internet. It not only provides links to hundreds of Web sites offering food-related information or products, but it also has an immense database of information relating to food trends.

[Betty Crocker](http://BettyCrocker.com) provides everything you need to know to cook. Betty helps you plan dinner for the week. You choose the ingredients... Betty finds the recipe! This site provides a hassle-free shopping list and online shopping for your kitchen and home from Betty.

[TeachFree](http://TeachFree.com) is especially for preschool through 12th grade educators looking for high-quality supplemental classroom kits dealing with nutrition. Hot links take you to a variety of other great sites